

***Behavioral Health
Integration:
Voices from the Field***



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TEAM **UP**
FOR CHILDREN

Transforming and
Expanding
Access to
Mental Health Care in

Urban
Pediatrics

Panel Presenters



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The Dimock Center

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Lauren Carpenter, LICSW
Behavioral Health Clinician
Patient Walk-In Center at Lowell Community Health Center

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Codman Square Health Center

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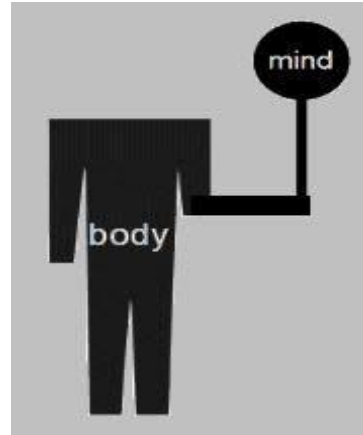
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The presenters in this session do not have anything to disclose with regard to commercial interests and do not plan on discussing unlabeled/investigational uses of a commercial product.

1:00pm-1:05pm	Welcome and Introductions
1:05pm-1:15pm	<i>Mental Health: Trending toward BHI</i>
1:15pm-1:50pm	Voices from the Field (on film & in vivo), featuring Lowell Community Health Center, Codman Square Community Health Center, & The Dimock Center
1:50pm-2:00pm	<i>Wrap up and Questions</i>

Throughout history, mental health has been treated as distinct from overall health.



Annual well visits are often referred to as “physicals”, addressing signs and symptoms of the experience in the body. Mental health care, when actually provided, is often separated from primary care and community-based care and outsourced to institutions and specialists.

What do you see?



The Blackwell's Island Asylum, New York City, 1866.

Confining behavioral health treatment to institutions has helped perpetuate a stigma surrounding mental health.



And...when treatment occurs outside of people's lived contexts, it places the full burden on those individuals to retain lifestyle changes when they return to their environment.



- Behavioral health problems are common
 - Nearly half of the population in the United States will experience either a discreet or chronic behavioral health issue over the course of a lifetime
- Half of those with identified behavioral health problems ever receive treatment
- There are many disparities and barriers in access to care
 - Complex referral pathways
 - Long wait times
 - Poor care coordination

30%-50% of patient referrals from primary care to an outpatient behavioral health clinic do not make their first appointment.

- Improved screening rates of behavioral health disorders
- Increased access and more direct path to treatment
- Reduction in medical care cost and utilization for those receiving appropriate BH treatment
- Increased awareness of environmental factors and individual and community context, which can be integrated in treatment planning
- Prevention and intervention sources that are community-based, tailored to adapt to the population served
- Increased emphasis on cultural humility
- Increased understanding of the inextricable connection between mind and body

Video

Culture Shift (Molly)

Team-Based Approach (Alyce)

Parent Support and Coaching (Cleisa)

Video

Increasing Buy-in and Reducing Stigma
(Kira)

Adapting Care to the Context and Role
Development (Lauren)

Video

Closing Remarks

&

Questions



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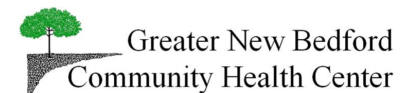
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